

OPERA Kids

BILINGUAL Kindergarten



Valentina Nafornița

The Ambassador of Opera Kids

The operatic soprano of the Republic of Moldova, honored with the President's award. The winner of the UK's most prestigious lyric singing competition BBC Cardiff Singer of the World.

About us:

Opera Kids kindergarten - the first kindergarten in the Republic of Moldova with teaching in both Romanian and English languages, which follows *the British Curriculum Early Years Foundation Stage*. The educational process in the institution is built on the concept of individualized education, based on the skills of each child.

Our goal

The main goal of our institution is to provide children with the opportunity of developing their abilities and talents in a safe environment, where they feel love and understanding. Therefore the early period of life will become as happy as possible.


At **Opera Kids** kindergarten, we promote a positive and stimulating environment, which allows every child to develop multilateral.

Teachers are prepared to encourage and support children to explore the world, learn to know their emotions and develop their full creative potential.

Our concept and philosophy

In the process of learning the surrounding world by children, we apply principles of effective study inspired by the British philosophy, which is based on learning through play and experimentation. Much of the personal development activities, arts and sports clubs will be conducted in English, so children will learn from an early age to express their feelings and emotions correctly and fluently in both languages.

At **Opera Kids** we focus special attention to music and sports as phenomena with fundamental roles in the harmonious growth and development of children. The inclusion of different art forms in the children's daily program will favor their openness to inventiveness, to the strengthening of self-esteem, to the development of perseverance and will.

A modern reception area for OPERA Kids. It features a large, dark grey, angular reception desk with the OPERA Kids logo on top. The space is bright and airy, with large windows and a high ceiling. There are white, rounded armchairs and a small table in the foreground. The walls are decorated with geometric patterns and the OPERA Kids logo.

Through art, children will be taught to express their opinions, to support their choices, and to become successful, responsible, and happy adults.

Our team:



Valentina Nafornița
The Ambassador at Opera Kids

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Olga Odobescu
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Mission and Vision

At **Opera Kids**, we believe that every child is unique, and our goal is to apply an individual approach to each child in the educational process, so that he or she can develop his or her full creative potential given. At our kindergarten children are encouraged to discover their practical skills, to have confidence in their own strengths, to feel special and to create beautiful things.





Opera Kids / Opera Sport

📍 Calea Ieșilor 73



Learning through play

At **Opera Kids** we promote learning through play. The game teaches children life skills, enhances their emotional development and helps them better understand the world around them. Play-based learning at our institution includes outdoor activities, sensory exercises, role-playing, etc. Kindergarten staff carefully monitor the inclusion of the child in the proposed activity and encourage him to develop spontaneity, creative motivation and independent thinking.





Curriculum

Opera Kids kindergarten follows the National Curriculum approved by the Ministry of Education of the Republic of Moldova, but the activities for personal development, speech development, art and sports clubs are enriched with the practices of the British education's philosophy for early development.



NDNA
National Day Nurseries Association

CERTIFICATE OF ACHIEVEMENT

This is to certify that
Irina Rau

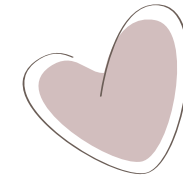
has completed the online course
**Supporting Staff Well-being in the
Early Years Workforce**

on this date
1 April 2022


Purnima Tanuku OBE
Chief Executive, NDNA

National Day Nurseries Association
National Early Years Enterprise Centre, Longbow Close, Huddersfield, HD2 1GG.
tel: 01484 40 70 70 fax: 01484 40 70 60 email: info@ndna.org.uk www.ndna.org.uk
Company Limited by Guarantee, Registered in England, Company No. 3738616, VAT No. 123353839.
NDNA is a registered charity in England and Wales (1078275) and Scotland (SCO40610).

Learning process



The instructive-educational process within the institution is acquired according to the national standards and those established by the British **Early Years Foundation Stage** Curriculum. The Educational Curriculum within the institution promotes the principles of learning through play and experimentation, based on the following principles:

- 1. The uniqueness of the child**— Every child is competent and capable from birth and can grow up to be resilient and self-confident with appropriate guidance in this regard. At **Opera Kids**, we treat all children equally, regardless of race, religion, and value all children and families in our community.
- 2. Positive Relationships** — Children learn to be strong and independent through loving and secure relationships with their parents, teachers and classmates. In this sense, we appreciate the significant parents' contribution to the education of their children, considering them partners in the process of raising and developing their children. At Opera Kids, we encourage the development of respectful relationships between team members, parents and children.
- 3. Favorable environment** — Children learn and develop harmoniously in an environment where they are loved, understood and cherished.
- 1. Learning and development** — Children develop and learn in different ways, which is why the concept of education in **Opera Kids** kindergarten is personalized, based on the needs and individual abilities of each child. The team members are ready to make sure that your child's first educational experience is happy, fun and safe, and that his or her developmental and care needs are fully met.

Activity Clubs:

1. At **Opera Kids**, we offer children a variety of activities that allow them to discover their own interests in learning and exploring the world around them. Thus, the clubs offered within the institution reflect the individuality of each child, and parents can choose the directions that best suit their children:



1. *The Little Mozart (Music and Theater)*

Under the guidance of professional teachers, children develop their natural creative abilities. They will be taught to control their emotions on musical vibrations. A child who loves music does not know what hatred, resentment and enviousness are. During music and theater classes, children can have fun playing musical instruments, performing vocal exercises, singing and role-playing games.



1. *The Little Artist (Art and Design)*

Under our art teachers' guidance, children will be given the opportunity to explore different ways and environments that will highlight their creativity and artistic potential. It is art that contributes to the harmonious personal and academic development of a child. Creative activities that children are taught, allow the development of their coordination and fine motor skills.



1. *The Little Linguist (Speech, Rhetoric and Foreign Languages)*

Opera Kids team members will encourage children to express their emotions and feelings in foreign languages such as English and Russian, which will contribute to the multicultural development of toddlers. Children will expand their general knowledge and will be open to getting to know other people's cultural customs.

Activity Clubs:



1. *The Little Athlete (Sports)*

Qualified sports instructors will involve children in sports from an early age, because sports have a positive effect on the development of children's physical and mental qualities. In other words, the movement strengthens and develops their courage, increases their will, conquers their fears and anxieties. A healthy environment allows children to develop harmoniously and nourish positive emotions towards everything that surrounds them.



1. *The Little Dancer (Dance and Ballet)*

Dance teachers will teach children the first specific moves that are helpful in enhancing memory, creativity and coordination. In dance classes, children will learn their personal limits and will be encouraged to overcome themselves. Teachers will encourage children to express their feelings and emotions in the rhythm of dance.



1. *The Little Chef (Culinary Arts)*

Under the guidance of a professional chef, children will learn how to knead dough, bake, prepare culinary delights, measure and get acquainted with various food products. Cooking, in addition to the dose of fun and good mood that it brings to children, has a positive effect on the development of general skills, the development of the senses and increases confidence in the choices made.

Calendar of events

With a view to create a closer relationship between children, educators and parents, at **Opera Kids** we promote various thematic events. Holidays at **Opera Kids** are held in an atmosphere of friendship, love and creativity. Our principle is to help children go beyond their limits and discover their talents. Parents will be invited to every holiday, where they will be able to enjoy the success of their children.

Winter Show	Mother`s Day	Family`s Festival	Fun Party	Earth Day	Children`s Day
At the end of each calendar year, children will enjoy the magic of the winter holidays by staging dance, music and theater performances.	To celebrate this beautiful holiday, children will prepare theatrical scenes, make artworks and convey to their mothers the most sincere emotions.	A large family of Opera Kids will surprise all friends with a wonderful party where children will sing and dance surrounded by their parents.	Dressed in the costumes of favorite fairy-tale heroes, children will be invited to have fun at a cheerful and fun party.	Opera Kids kindergarten promotes love for the environment. All participants of our community will be involved in ecological activities.	On this magical day, children will be immersed in the atmosphere of songs and dances, enjoying the most wonderful period of life.
Friendship Day	Summer Festival	Cultural Celebration Day	National Independence Day	Autumn Fairytale	Winter Charity Bazar
This holiday will allow children to have fun with their friends and celebrate the joy of sharing their feelings with a dear friend.	On warm summer days, the whole community will be invited to the green grass to enjoy a lemonade prepared by themselves.	At Opera Kids we will mark multiculturalism by organizing a beautiful event where children will be invited to know the customs of other cultures.	Dressed in national costumes children will be able to invite parents to a Big Hora right in the courtyard of the kindergarten.	The beauty of autumn will be marked at Opera Kids with a big celebration that will gather the whole community at a meeting of good cheer.	During the winter holidays, the entire Opera Kids community will be involved in charity activities. Children will make works and cook biscuits.



Menu

At **Opera Kids**, we promote a varied and complex diet based on healthy, nutritious and local products. Our institution supports the harmonious upbringing of children, contributing to the formation of healthy eating habits that they will follow throughout their lives.

The children's menu was created by a qualified nutritionist, who embraces the principles of a balanced and varied diet. Children's meals will be composed of foods rich in vitamins and minerals, which will provide them with all the nutrients necessary for their cognitive development. At **Opera Kids**, we believe that a healthy diet that is appropriate for the needs of the child's body is the key to ensuring a harmonious growth and somatic, but also mental, emotional and affective development.



Olga Odobescu
Certified Nutritionist

 oonutrition.me



Menu

Our principles:

- * *Varied menu according to the developmental needs of children;*
- * *The daily diet for children includes only organic seasonal products;*
- * *Food is cooked with special care at our canteen;*
- * *There will be quality proteins, healthy fats and carbohydrates necessary for the growing body in the plate of every child;*
- * *We produce bread for children using our own unique technology;*
- * *Maximum vitamins and minerals are preserved in our dishes as we steam or bake them in the oven;*
- * *We introduce children to new tastes and culinary traditions;*
- * *We wash dishes, fruits and vegetables only with environmentally-friendly cleaning products.*

Menu (Spring-Summer)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Fried Cloud eggs Vegetable salad	Quinoa with forest fruits	Frittata	Pancakes with beetroot	Buckwheat porridge
Soup	Chicken soup with rice	Spinach soup	Fish soup	Carrot soup	Beef and lentil soup
Second course	Vegetable salad with pumpkin seeds	Pasta with chicken and spinach Vegetable salad	Pasta with avocado and cheese	Lasagna with spinach and turkey	Vegetable salad Avocado toast
Snack	Hummus with pepper, nuts and vegetables	Yogurt with avocado	Orange muesli + Smoothie	Chia pudding with seasonal fruits	Placinda with zucchini
Dinner	Potato tortilla Vegetable salad	Fish pie and pea puree with dill	Wrap with chicken and chickpeas Vegetable salad	Quiche with broccoli	Baked potatoes with meat

Menu (Spring-Summer)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Waffles with avocado	Souffle with spinach	Pancakes with cinnamon and ricotta	Quiche with broccoli	Vanilla cheesecakes
Soup	Soup with broccoli and lentil	Vegetable soup with fish	Cauliflower soup	Soup with meatballs	Vegetable cream soup
Second course	Chicken and vegetable meatballs	Salmon and potato salad	Potato or pumpkin casserola	Sweet potato puree Vegetable salad	Buckwheat with beef / chicken
Snack	Coconut yogurt	Rainbow Acai Bowl	Cheesecake with chia seeds + Smoothie	Spinach and quinoa appetizer + Smoothie	Baked oatmeal with banana and tahini + Smoothie
Dinner	Creamy rice with peas and chicken	Polenta with spinach and ricotta	Almond flour pizza with chicken / salmon	Spinach lasagna with ricotta	Stuffed peppers with quinoa

Menu (Autumn-Winter)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Millet with fried eggs	Pancakes with carrots	Omelet with tomatoes	Pancakes with cinnamon and raisins	Oatmeal with pumpkin
Soup	Lentil soup	Beetroot soup	Pumpkin soup	Beef soup with lentils	Minestrone soup
Second course	Pasta with rabbit meat	Potatoes with meat in the oven	Lasagna with spinach and beef	Almond flour pizza	Pasta with chicken and spinach
Snack	Pumpkin cupcakes + Smoothie	Banana Casserole + Smoothie	Stuffed apples + Smoothie	Coconut yogurt	Pumpkin bread + Smoothie
Dinner	Souffle with spinach Vegetable tocana	Chicken and vegetable meatballs in sweet/sour sauce	Fish and rice caserola	Buckwheat with vegetable tocana and meat	Sweet potato frittata

Menu (Autumn-Winter)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Zucchini porridge	Scrob with spinach	Oatmeal	Pumpkin pancakes	Cheesecakes with apples
Soup	Chicken noodle soup	Carrot and zucchini soup	Fish and vegetable soup with pumpkin	Vegetable cream soup	Beef soup
Second course	Stuffed peppers with quinoa	Lasagna with spinach and beef with ricotta	Polenta with spinach and ricotta	Buckwheat with beef meat	Tortilla Vegetable tocana
Snack	Pancakes with cinnamon and raisins	Pumpkin Bread + Smoothie	Casserola with potatoes or pumpkin	Oatmeal donuts + Smoothie	Chickpeas and cocoa balls + Smoothie
Dinner	Creamy rice with peas and chicken	Sweet potato puree Vegetable tocana	Quinoa with avocado Chicken / Salmon	Lasagna with spinach and turkey	Fish pie with pea puree and dill

Pre-Sale

Today, **June 1**, we start enrolling children in the **Opera Kids** kindergarten! On this occasion, you have the possibility to benefit from a promotional price for the first registrations within the institution. Thus, only for the period **June 1 - August 3 2022**, at the signing of the contract you can enjoy the most special offer!

The promotional financial offer proposes a monthly fee of **600 euros** and will include a varied program of social, intellectual, sports and emotional development activities provided by daily medical supervision and a healthy eating menu. Also, when the child enrolls in the kindergarten, an entrance fee will be paid in value of **300 euros**

The tax can be paid as follows: quarterly, half-yearly with a **5%** discount or annually with a **7%** discount
Other discounts: **10%** for two siblings enrolled and **15%** for three or more siblings enrolled in the **Opera Kids** institution.

Opera Kids Kindergarten is a pre-school unit with bilingual teaching in Romanian, Russian/English and operates Monday to Friday **from 8:00 to 18:00**

What do we offer at **Opera Kids**?

- * Unique approach to the child: a stimulating and individualized learning environment;
- * Learning English through play, according to the British Early Years Foundation Stage Programme;
- * Competitive/Advanced teaching materials and equipment according to international standards;
- * A wide variety of co-curricular activities in English;
- * Spacious classrooms and playgrounds, modernly arranged and safe for children's curiosities;
- * Qualified staff, reliable and caring, with extensive knowledge of children's development;
- * Varied and rich menu created by a certified nutritionist.

We look forward to seeing you at **Opera Kids** to offer the children the most beautiful growth and harmonious development experience together.





Opera Kids

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Opera Sport

📍 Calea Ieșilor 73



Contacts



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